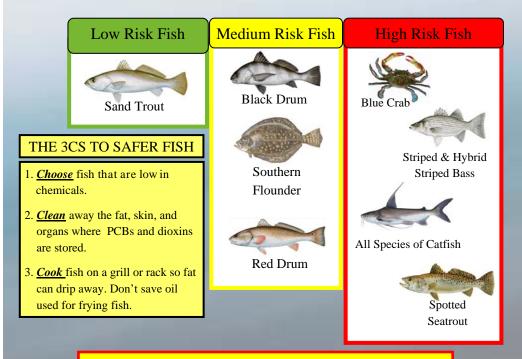
"When in Doubt, Check This Out!"

Health Advisory for fish caught in the Upper and Lower Galveston Bay Contaminants of Concern: *Dioxins and Polychlorinated biphenyls (PCBs)*

For more information and a map for the advisory please visit: http://www.dshs.texas.gov/seafood/advisories-bans.aspx

Upper Galveston Bay

Includes Upper Galveston Bay and all connected waters below the SH 146 bridge, north of a line from Red Bluff Point to Five-Mile Cut Marker to Houston Point.



Women who are pregnant or may become pregnant and children less than 12 years of age should NOT eat any fish or blue crab from the high risk category.

For more information about fish advisories in Texas, contact the

Texas Department of State Health Services
Seafood and Aquatic Life Group
512-834-6757

www.dshs.texas.gov/seafood/

Lower Galveston Bay

Includes Lower Galveston Bay and all connected waters south of a line from Red Bluff point to Five-Mile Cut Marker to Houston Point (including Chocolate, East, Trinity, and West Bays). For more information and a map for the advisory please visit: http://www.dshs.texas.gov/seafood/advisories-bans.aspx

How much fish is in a "meal"



	Uncooked (ounces)	Cooked (ounces)	Approximate size
Adult	8	6	Palm of adult hand
Child	4	3	Palm of child hand

Low Risk Fish



High Risk Fish









Black Drum





Spotted Seatrout

Women who are pregnant or may become pregnant and children less than 12 years of age should NOT eat any species of catfish.



WHAT IS A FISH **CONSUMPTION ADVISORY?**

fish consumption advisory recommends limited consumption of fish or shellfish from a particular area. It is not illegal to eat fish or shellfish from an area with a consumption advisory, but people should not eat more than the amount recommended in the advisory. This is to protect the health of you and your family.

